



# Portsmouth Schedule

## January 1 - May 31, 2012

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00-7:00 AM Level 2 Jonas Zev		6:00-7:00 AM Level 1 Lauri		6:00-7:00 AM Level 2 Lauri	8:00-9:00 AM Level 2 Lauri	8:00-9:30 AM Level 4 Jonas Zev
		7:30-8:30 AM Level 2 Avantika				
9:15-10:15 AM Level 1 Jonas Zev	9:15-10:15 AM Level 2 Candice	9:15-10:15 AM Level 1 Avantika	9:15-10:15 AM Level 2 Candice	9:15-10:15 AM Level 3 Lauri		10:00-11:00 AM Level 1 Jonas Zev
4:30-5:30 PM Level 1 Avantika			4:30-5:30 PM Level 2 Avantika	4:30-5:30 PM Level 3 Lauri	4:30-5:30 PM Level 1 Jonas Zev	4:30-5:30 PM Level 2 Lauri
6:00-7:00 PM Level 2 Jonas Zev		6:00-7:00 PM Level 3 Jess				
7:30-8:30 PM Level 1 Jonas Zev	8:00-9:00 PM Level 1 Jonas Zev	7:15-8:15 PM Yoga Sutras Durga				

Studio Closed - January 1 & 14-15, February 11-12, March 10-11, April 14-15, May 12-13

Visit us at 16 Market Sq in Portsmouth

*Above Breaking New grounds*

16 Market Square, Portsmouth NH - [WWW.ZEVYOGA.COM](http://WWW.ZEVYOGA.COM) - 175 Water Street, Exeter NH